

Pitching Lessons



Hard work beats talent when talent doesn't work hard

"GAIN IT"



PROPER MECHANICS
DELIVERY PROGRESSION
MOUND PRESENCE
INCREASED VELOCITY
ARM CARE AND MORE....

"TRAIN IT"



BAND WORK
LEG & CORE STRENGTH
LONG TOSS
DRIVELINE
BULLPENS AND MORE....

Contact Information: Gavin Hembree

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Prices:



30 MIN. = \$35

60 MIN. = \$50

Experience:

Collegiate athlete with 15 years history in the game of baseball, including participation, officiation, and administration. Result oriented, with a dedication to assisting athletes in achieving their goals.

Collegiate Pitcher - Toccoa Falls College



Varsity Pitcher - Paulding County High School



Travel Organizations – Titans & Georgia Scorpions

